

CHRISTOPHER NEWPORT UNIVERSITY  
HEALTH & WELLNESS SERVICES



Offered in partnership with Riverside Health System

**NEW PATIENT HEALTH INFORMATION FORM**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

DOB: \_\_\_\_/\_\_\_\_/\_\_\_\_ SSN: \_\_\_\_/\_\_\_\_/\_\_\_\_ CNU ID#: \_\_\_\_\_

Name: \_\_\_\_\_ Age: \_\_\_\_\_  
LAST FIRST MIDDLE

Home Address:

\_\_\_\_\_ STREET CITY STATE ZIP

Contact Phone#: (\_\_\_\_) \_\_\_\_-\_\_\_\_ Local Residence Hall: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_ Race: \_\_\_\_\_ Sex: \_\_\_\_\_

In Case of Emergency Contact: \_\_\_\_\_ Phone \_\_\_\_\_  
Name/Relationship

**Medications:** Please list all Prescriptions, Over the counter medications, Vitamins, Herbals, Performance Enhancers, etc. that you are currently taking.

<b><u>Drug Name/Strength</u></b>	<b><u>Dose</u></b>
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____

**Allergies:** List any allergies, including Food Allergies: \_\_\_\_\_

**Medical History:** Circle all that apply.

High Blood Pressure	Diabetes	Cancer	Heart Disease
Shortness of Breath	Swollen Ankles	Palpitations	Lightheadedness
Stroke	High Cholesterol	Chest Discomfort	Fever/Chills, sweats
Pneumonia	Persistent Cough	Tuberculosis	Asthma
Hay Fever	Indigestion/Heartburn	Abdominal Discomfort	Change in Appetite
Constipation/Diarrhea	Blood in Stool	Chickenpox	Ulcers
Hemorrhoids	Gallbladder Disease	Hepatitis/Liver Disease	Thyroid Disease
Seizures	Headaches	Incontinence	Kidney Disease
Kidney Stones	Difficulty Urinating	Urine Infections	Mono
Arthritis	Blood Disorder	Sickle Cell	Blood Clots
Anemia	Anxiety	Depression	Skin Diseases
Hearing Difficulty	Gout	Low Back Problems	Glasses or Contacts
Glaucoma /Cataracts	Unexplained Weight Gain		Unexplained Weight Loss

Any problems not listed above: \_\_\_\_\_

Significant Medical Family History to be noted: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list any surgeries or hospitalizations you have had, please include the year: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Date of Last Menstrual Cycle (females): \_\_\_\_\_

**Prevention History:**

Do you smoke or use tobacco products? Y / N If "yes" Packs per day \_\_\_\_\_ Quit? \_\_\_\_\_

Do you drink alcoholic beverages? Y / N If "yes" how much/many per day/week? \_\_\_\_\_

Do you exercise? Y / N If "yes" how many times per week? \_\_\_\_\_

Have you ever used or are you using drugs (Marijuana, Cocaine, Crack, Speed, Etc)? Y / N

If "Yes" please list: \_\_\_\_\_

Is there anything you wish to discuss with the provider privately? \_\_\_\_\_

Have you ever been verbally, physically or sexually assaulted? Y / N